

# ALS WALK FOR LIFE

Walk for Hope. Walk for Help. Walk for Life.

LES  
TURNER  
ALS  
FOUNDATION

ALS  
WALK  
FOR  
LIFE

Saturday, September 29, 2018  
Soldier Field, Chicago

## Captain Corner Email Series

### Event Day Prep Checklist



We're just over two weeks away from the Walk! Now is a good time to make sure you communicate event day details with your team members so they know what to expect on the big day.

Your team will gather on the Stadium Green, located on the south east side of Soldier Field. The Green opens at 8:30am at which point you and your team can select your own spot inside the gathering area. Locations are not reserved for teams so come early to find your space!

To ensure safety and accessibility for everyone at the Walk, especially people living with ALS, pop up tents are not permitted and we ask that you leave your dogs at home. [For more details check out this list of Event Day Prep items you should pass along to your Walkers>>](#)

### Take it from the Team Chair: Traditions



Whether it's creating an annual team banner, designing shirts or having a cookout, embrace the day and create your own traditions with friends and family.

Our Team Chair, The Rhode to a Cure, has food donated so team captain Melissa can feed her hungry Walkers and top off the fun day. [See what other traditions Melissa and The Rhode to a Cure looks forward to heading into this year's Walk>>](#)

### Edition 4

Donate Now >

Register >

### Useful Tools

[ALSWalkforLife.org](http://ALSWalkforLife.org)

[ALS Walk for Life Facebook Event](#)

[Team Captain Packet](#)

[Participant Center User Guide](#)

[Previous Coaching Emails](#)

### Fundraising Report

Days Left to Fundraise:  
15

My Fundraising Goal:

## Last Call for Reserved Parking



If you still need to reserve a parking spot for a person living with ALS, please email us by **September 17**.

For those that already reached out for a spot, a Foundation staff member will be following up soon to provide you with more information regarding your spot and any specific directions you may need.

[Reserve your spot today>>](#)

Dollars Raised:

Dollars to Raise: