



Event FAQ's

What happens if it rains?

We walk rain or shine, so be prepared for all inclement weather. Bring sunscreen, bug spray, blankets, jackets, ponchos, umbrellas, etc.

Is there a registration fee to participate and/or a fundraising minimum?

We encourage anyone and everyone to participate so there is no fundraising and no registration fees. However, we do encourage each participant to set a fundraising goal of at least \$100.

When do you begin and stop collecting donations for the Walk?

Since the ALS Walk for Life has become the Les Turner ALS Foundation's signature event, we begin collecting donations January 1 and will keep our books open until December 31. We encourage you to turn in your money as early as possible but will accept donations on Walk day and after the Walk. Please ensure all checks are made out to the Les Turner ALS Foundation and that anytime you turn in money, your team name and the walker who should be credited is clearly indicated on the check and/or envelope.

Where should I mail checks?

Please mail checks only (no cash) to:
Les Turner ALS Foundation
Attn: ALS Walk for Life
5550 W Touhy Avenue, Suite 302
Skokie, IL 60077

Checks should be made payable to the Les Turner ALS Foundation and remember to indicate your team name and the walker that should be credited somewhere on the envelope. All offline gifts will be uploaded to your team page and reflected in your team's fundraising total.

What are the doggie rules and restrictions?

For the safety and comfort of our patients, many of whom cannot move away from a lively pet, we ask you to leave your dogs at home. Only certified guide dogs are allowed inside Solider Field and all dogs must be leashed and under their owners control at all times, no exceptions.

Can I bring a tent?

To ensure everyone's safety, pop up tents are not allowed. You are still welcome to bring tables, grills, chairs, blankets, etc. but ask that you leave your tents at home.

How do I receive an official ALS Walk for Life t-shirt?

All participants are allowed to pick up one t-shirt at the Walk. T-shirts will be given out at the t-shirt tent on a first come, first serve basis starting at 9:30am on event day.

Is the event wheelchair friendly?

Of course! Accessibility around the venue and along the Walk route is critical and our top priority.

Can we cookout after the Walk?

Yes, you're welcome to bring food or snacks for your team members to enjoy. If you're interested in bringing a charcoal grill, you are allowed to do so, but we ask that teams clear the area and safely dispose of their charcoal by 3:00pm. Special bags will be provided for this purpose. Teams that don't want to grill can pack a picnic lunch, enjoy the complimentary light refreshments that are provided at the event or purchase a hot dog lunch on site for \$5.

Where will my team gather?

Teams will gather in the Stadium Green, located on the south east side of Soldier Field.

Am I able to reserve a spot for my team in advance?

All participants can access the grounds at 8:30am on the day of the Walk. Spots in the Team Gathering Area, located in the Stadium Green, will be available on a first come first serve basis.

What is the walk route?

The walk route is approximately 2 miles and will start along the lakefront, wind through museum campus and end with a stroll through Soldier Field.

How do I get to Soldier Field?

Soldier Field's address is 1410 S. Museum Campus Drive, Chicago, IL 60605. Exit Lake Shore Drive via 18th street and the entrance to the Waldron garage will be on your left. Directions are available on [Soldier Field's website](#). Please allow plenty of time for traffic and parking.

Where do I park?

- **General Parking** - There is plenty of convenient and easy parking in the Waldron lot, which is located south of Soldier Field and can be accessed from 18th street. Each car will be expected to pay upon arrival (cash and credit card accepted). The amount is \$20. Please note that the parking fee is regulated and collected by the Park District and therefore, we have no control over the amount.
- **People Living with ALS Reserved Parking** - Handicap parking spots will be reserved for ALS patients on the lower level of the Waldron parking garage. This garage is located south of Soldier Field and leads directly to the team gathering area. If you or your team needs to reserve a spot, contact the events team at events@lesturnerals.org or 847 679 3311.
- **Bus Parking** - If your team is arriving by bus, utilize the drop off point in front of Gate 14. Once team members have unloaded, drivers will be directed to the South lot which can be accessed from 18th street.
- **Handicap Drop Off** - There will be a drop off point north of the gathering area. It is located on the east side of Soldier Field, in front of Gate 14, and can be accessed from Museum Campus Drive.

What opportunities will be available to learn about current ALS research?

On Walk day, there will be a designated research area where you can meet the world renowned scientific researchers from the Les Turner ALS Center at Northwestern Medicine, visit with representatives from the National ALS Registry and Biorepository or participate in a blood draw for ALS research administered by clinicians from our Center at Northwestern Medicine. To learn more, visit the [Event FAQ's page](#) on the Walk website.

How can I help spread the word about the ALS Walk for Life?

On event day, help us go viral by using **#ALSWalkforLife** when posting on social media. We will also have a custom filter available on Snapchat during the Walk. Add the filter to your photos and videos to help promote the event and ALS awareness.

Can I submit a picture for March of Faces?

Yes! The March of Faces Banner is a pictorial display of the courageous women and men—both past and present— stricken with ALS. The banners are used to heighten public awareness, raise funds for patient services and research, as well as advocate on issues that benefit PALS and their families. The Foundation maintains several banners of people living with ALS from the Chicagoland area and displays them at special events throughout the year, including the Walk. To learn more or submit a photo, please contact the Foundation at info@lesturnerals.org or 847 679 3311.