

Subject: Chicago Marathon Training Thursday: Travel Tips!

## HTML




## Bank of America Chicago Marathon Training Thursday

Edition 3

### Chicago Travel Tips



Team Race for ALS is proud to have people from all around the globe participate in the Bank of America Chicago Marathon. Whether you're a local or an out-of-state/international participant, we encourage you to book your airfare and hotel rooms well in advance of Marathon weekend. Be sure to take advantage of special offers and rates from official Chicago Marathon hotel and travel partners. [Learn More>>](#)

Donate Now 

### Fundraising Update:

Race Day is in:

Fundraising Goal:

Amount Raised:

Amount Left to Raise:

### Spread the word



Sending personalized emails is an easy and effective way to reach a wide range of contacts during your fundraising process. In your Participant Center, you will find helpful, customizable templates which automatically include a link to your personal fundraising page. Step-by-step instructions for creating and sending emails from your Participant Center are available here. [Learn More>>](#)

### Useful Tools:

[Facebook Page](#)

[Team Race for ALS Guidebook](#)

[Fundraising Incentives](#)

[Previous Coaching Emails](#)



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### Meet your Teammate, James



“When I was a child, my uncle Steve was diagnosed with ALS. I didn’t understand what that meant, but I remember standing outside of Sunset Foods in Highland Park, IL with my family one day raising money for the Les Turner ALS Foundation. My uncle Steve passed away from the disease in 2003.”

[Learn more about James' Story >>](#)

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To change your email preferences, [click here](#).

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