

Get Social

Share your drive on social media pages! Facebook, Twitter and Instagram are great platforms to share your story and ask for support. Don't be afraid to ask your social media followers to share the Tag Days story on their pages as well. You can even challenge them to share your post 10 times! Don't forget to download our Virtual Tag Cards and use the hashtag **#TakeABreath #TagForALS**

Learn more about our Take a Breath campaign during ALS Awareness Month at lesturnerals.org/breath

Who To Ask?

- Friends
- Family members
- Neighbors
- Faith community
- Classmates
- Teachers, university leaders
- Company, workplace or colleagues
- Business partner
- Book club, knitting club, art club, etc.
- Coaches
- Sports leagues, intramural and club teams
- Local Businesses

Be Direct

Ready to start reaching out to your network? Start that email chain! We have email templates and phone scripts available to help you be successful, along with other important talking points and facts about the Les Turner ALS Foundation! An email or phone call can go a long way.

Thank you for being a part of Tag Days 2021!

#TakeABreath